



# The Impact of Adventure Wales

Transforming Lives | Navigating Change

Working with over 1,000 people and delivering almost 150 voyages from 1 to 10 days, the award-winning sail training vessel *Adventure Wales* has impacted hugely on the lives of young people since 2018. Voyages were evidenced to improve; young people's mental health & wellbeing; their teamwork & communication skills; self-confidence and ability to make friends. In 2024, the charity is transitioning back to operating 1 vessel.

However, the positive impact *Adventure Wales* has had has been life-changing for many....

## PEOPLE who sailed on her


Over  
**1000**

**700 young people**   
**296 adults**   
**75 volunteers** 

## We WELCOMED young people from

**16** **Local Authorities**  
From North, South, West and Mid Wales

## Bringing TOGETHER

 **Amazing diverse young people whose paths wouldn't otherwise have crossed.**

## We WORKED with

- Those with mental health issues
- Former substance users in recovery
- Neurodiverse individuals
- Graduates
- Those with home-life issues
- Young Carers
- Unemployed & few qualifications
- Homeless/At risk of being homeless
- Those in the Care System
- School and College pupils
- Mobility issues
- Learning disabilities
- LGBTQ+ groups & individuals
- Those interested in a maritime career

## JOB creation

**3** **Sea Staff roles created for the first time and EMPLOYED 3 sea staff**

## We COLLABORATED

**500 Young People** 

heard about, and saw, *Adventure Wales* as she featured in an International Storytellers show and resulted in further creative international collaborations

**45 different youth organisations jumped aboard *Adventure Wales*, 50% booked again with 1 organisation returning 6 times!**

## AWARD WINNING

 **Took part in a Tall Ships Race and WON: Youngest Crew Award 3<sup>rd</sup> in Class and**

The Sail Training International Environment Award for the work the charity is doing around one-use plastics and how the charity uses *Adventure Wales* as an outdoor classroom

## Case Study

### Dylan (Participant) and Ben (Group Leader)

**Dylan said:** I thought it was going to be as hard as hell. But I picked things up quickly, even things I'd never done before. I came back from the port by myself, I'd never travelled on my own before. I feel **physically better** and **I wouldn't have got a job before** – I would have sat in bed till 4 in the afternoon. I'm also volunteering more and applying for jobs. Sailing on *Adventure Wales* **gave me confidence** and I'm **more resilient** now. I also achieved Bronze and Silver Royal Yachting Association Sailability awards.

**Ben said:** Dylan did a 1 day, 7 day and 10 day voyage on *Adventure Wales*. What struck me is the amount of **confidence and team spirit** people gained. The voyage, gave Dylan a **better work ethic** and he's in job club at 10am now looking for work.

