

## Case Study: St Illtyd's Catholic High School's Story

### Details:

St Illtyd's Catholic High School is located in an area of deprivation with a high percentage of Free School Meals pupils. This means many families are unable to pay to send their child on a youth development sailing day. With funding through local partners a fully-funded Marine Skills Initiative was set up.

### Voyages:

Over the past five years, Challenge Wales and St Illtyd's Catholic High school have developed a strong relationship. Twice a year, pupils from the school come onboard *Challenge Wales* for a day of training. Challenge Wales gives pupils a chance to have their first sailing experience, something they may not otherwise get the opportunity to do.



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### The Results:

- Pupils gained many skills from the sail training day with *Challenge Wales*, primarily **team working and communication skills**.
- Some children developed a **passion for sailing as a hobby** and they have gone on to do further sailing activities.
- Since their sail onboard *Challenge Wales*, many students have **participated on longer sail training voyages**. And some of them plan to do further sail training trips in the UK.
- Some of the young people have applied for further funding to help them get sailing qualifications.
- Two pupils returned as **mentors and have had a positive influence** on the new 'sailors' joining *Challenge Wales* for the first time.

*'This kind of experience is really **beneficial for pupils**, they develop so **many new skills**. This positive result allows us to show to the school's funders and supporters, Reardon Smith Nautical Trust and Cardiff St David's Rotary Club, the importance of this kind of opportunity for pupils.'* Community Focused School's Co-ordinator

*'We fully appreciate and embrace this unique opportunity to allow our pupils to experience something they may not otherwise get the opportunity to do.'* Community Focused School's Co-ordinator

*'We are so grateful for the relationship that Illtyd's Catholic High School has developed with Challenge Wales over the past five years.'* Community Focused School's Co-ordinator